

INSIDER GUIDES GOLD COAST

INTERNATIONAL STUDENT GUIDE



EXPERIENCE
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STUDENT
HUB



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RECEIVE SUPPORT AND SOCIALISE.



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events and
workshops



Connect with
other students



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unlimited tea
and coffee



Access free support
across areas
such as careers,
wellbeing and
accommodation



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EXPERIENCE
GOLD COAST.

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HELLO, GOLD COAST

This is your introduction to living and studying on the Gold Coast as an international student.

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All information presented is correct to the best of our knowledge. Businesses and services mentioned were operating at the time of publication. We apologise if any have moved, closed or their services have altered in the interim.

WELCOME

Welcome to the Gold Coast, where the city meets the sea! Known for its beautiful beaches and vibrant, laid-back lifestyle, there's much more to the Gold Coast than meets the eye. With reefs and rainforests a short drive away from the bustling city centre, there's an adventure to be had around every corner. As you begin your academic journey on the Gold Coast, we're here to guide you on your journey to success.

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Traditional Custodians of the land on which the Gold Coast is situated, the Kombumerri families of the Yugambah Language Region. We pay our respects to their Elders past, present and emerging, and recognise their continuing connections to the lands, waters and their extended communities throughout Southeast Queensland.

HOW TO USE THIS GUIDE

This guide is yours to keep. Make notes, rip pages out, bookmark chapters - whatever you want!

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"What I love most about living on the Gold Coast is the sunsets. Almost every evening the sky puts on a show of soft oranges, pinks, or purples. It feels like the day is saying goodbye with a little bit of magic."

**Fei (Sophia), China
Bond University**

WELCOME TO THE GOLD COAST

Welcome to the Gold Coast – we're thrilled you've chosen our city as your home for this exciting chapter of your life.

The Gold Coast offers the perfect blend of lifestyle and opportunity. From our natural environment to vibrant nightlife and dynamic business sector – our city has something for everyone.

Here, you'll find world-class education and training institutions alongside a diverse range of employment opportunities, both during your studies and after you graduate. We encourage you to balance your studies with all the incredible experiences the Gold Coast has to offer, from our stunning beaches to hinterland hikes, food markets, cultural festivals and more.

As a multicultural city, we value the diversity our international student community brings to our city and we are enriched by your presence. I too, was an international student and know firsthand how welcoming the Gold Coast can be.

Once again, welcome! The Gold Coast is a place where education opens doors, and I encourage you to make the most of every moment.



Tom Tate
Mayor

*City of Gold Coast
We hope to see you soon.*

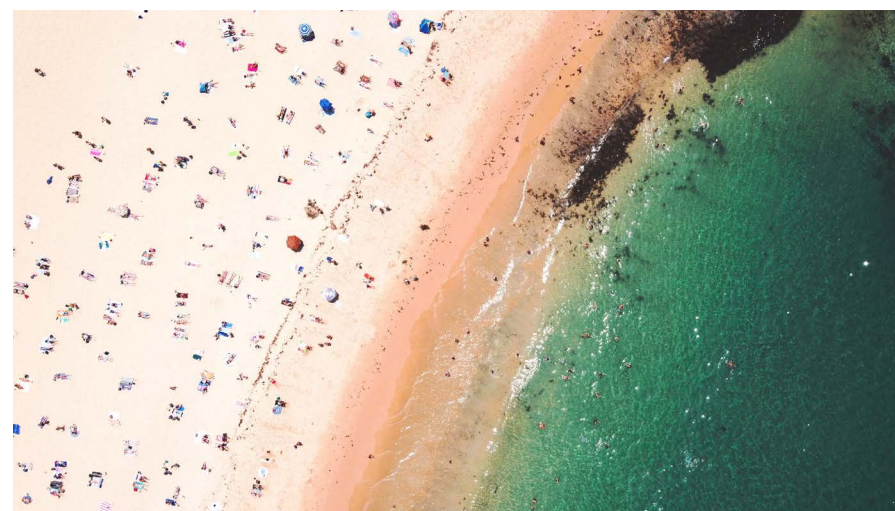


*Find out more about
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[@experiencegoldcoast](https://www.instagram.com/experiencegoldcoast)



YOUR FIRST WEEK ON THE GOLD COAST



1. BUY A GO CARD

A go card is your ticket to travel on buses, trams, trains and ferries across the Gold Coast and Queensland. You can buy one online, at certain train stations or retailers, and you'll need to 'top up' with credit as you go. Contactless payment is available on some services, too.

2. SET UP YOUR BANK ACCOUNT

Visit a local bank branch to open an Australian account - see page 19 for more details. This is essential for managing your money, paying rent and getting paid if you plan on working while you study.

3. CONNECT YOUR PHONE

You can either buy a new phone or use your current one by buying a new SIM card. Choose from a monthly or prepaid plan.

4. SAVE IMPORTANT NUMBERS

Keep a list of key contacts: Triple Zero (000) for emergency services (police, fire and ambulance), your landlord, Overseas Student Health Cover provider and your education provider.

5. DO A GROCERY SHOP

We recommend a combination of your favourite foods from

home, which you can find at any of the many international supermarkets on the Gold Coast, and some Australian snacks. The perfect mix of old and new!

6. SET UP YOUR USI (UNIQUE STUDENT IDENTIFIER)

You'll need a USI to enrol in your course and access official transcripts. It's free and easy to set up online at usi.gov.au

7. ORGANISE WORK DOCUMENTS

If you plan to work, apply for a Tax File Number (TFN) or an Australian Business Number (ABN) for freelance work. Your employer will also need your superannuation details.

8. REGISTER FOR YOUR OSHC (OVERSEAS STUDENT HEALTH COVER) CARD

Log in to your provider's online portal to register for your digital or physical card. You'll need it to access healthcare services in Australia.

9. PLAN YOUR STUDIES

Explore your campus to see where your classes are and find new study spots. Find out when orientation week (O-Week) begins, and buy any textbooks or supplies you might need.

10. REGISTER ON THE GOLD COAST STUDENT JOBS

Register on Gold Coast Student Jobs website to find opportunities to earn while you learn, gain work experience or look for volunteering roles. goldcoaststudentjobs.com.au

QUICK FACTS

YEAR-ROUND SUNSHINE

The Gold Coast is one of Australia's sunniest cities. This means more time spent enjoying the outdoors, but don't forget your sunscreen!

NATURE ON YOUR DOORSTEP

Beyond Queensland's beaches, the nearby Hinterland is home to waterfalls, rainforests and hiking trails. These national parks are perfect for a weekend escape - you'll feel worlds away from the hustle and bustle of the city.

HOLLYWOOD DOWN UNDER

Thanks to its sunny weather and modern studios, the Gold Coast has become an in demand filming location for many blockbusters, including Godzilla vs Kong, Aquaman and Scooby Doo. Keep your eyes peeled - you might spot a celebrity shooting their next big project!

IT'S YOURS TO EXPERIENCE

160+
EXPERIENCES
WITHIN A
30-MINUTE
RADIUS

**AUSTRALIA'S
LONGEST
CONTINUOUS
WHALE
WATCHING
SEASON**



**ONE OF
AUSTRALIA'S
SUNNIEST
CITIES**



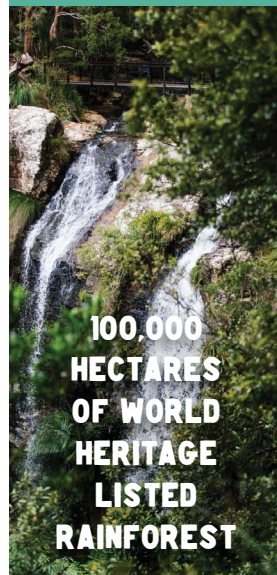
**THRIVING
ARTS AND
CULTURE
SCENE
WITH FREE
FESTIVALS**



**AUSTRALIA'S
FIRST
FLOATING
DIVE REEF**



**100,000
HECTARES
OF WORLD
HERITAGE
LISTED
RAINFOREST**



**HIGHEST
CONCENTRATION
OF THEME PARKS**



**500+
RESTAURANTS
AND CAFES**



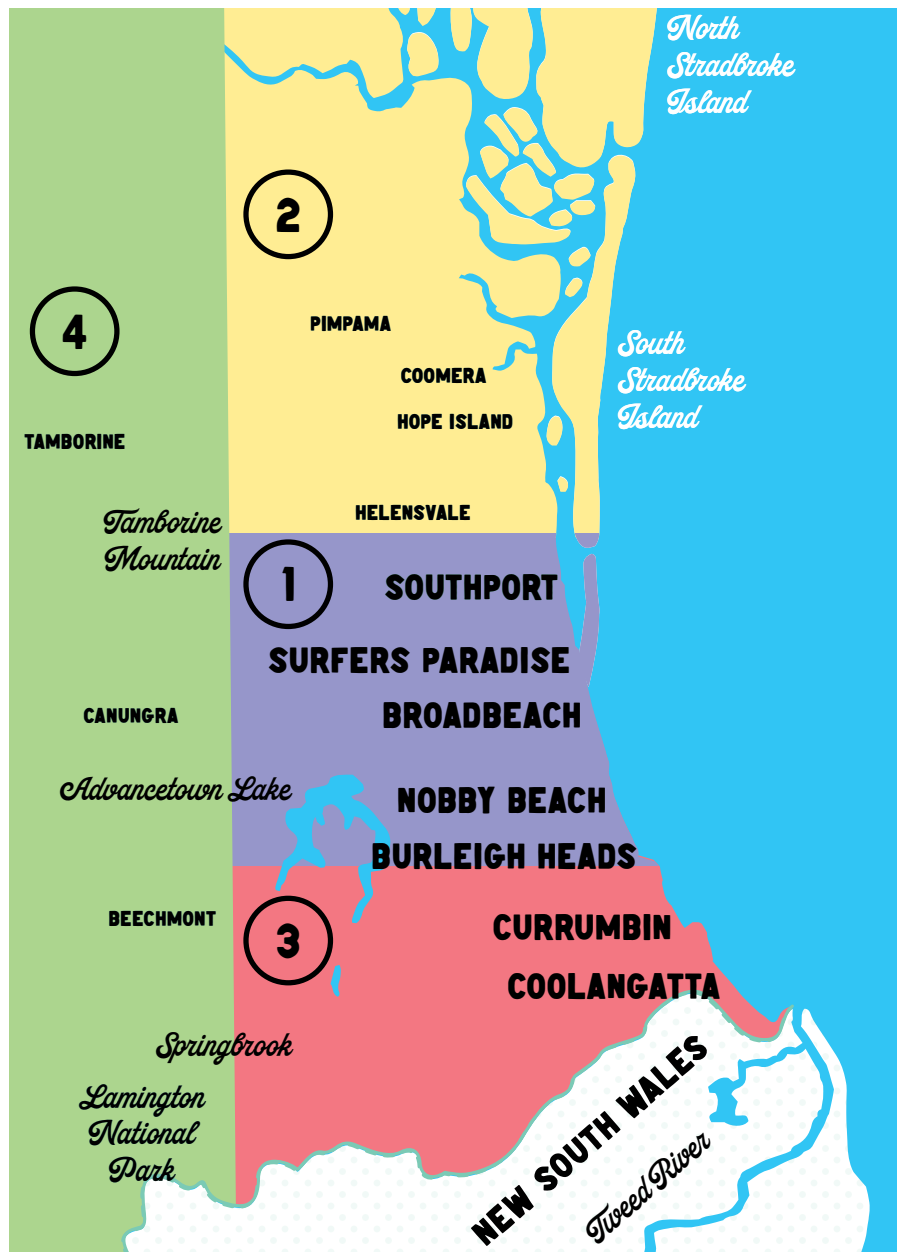
**57KM
OF PRISTINE
COASTLINE**



**20+
AWARD WINNING
RESTAURANTS**



AREAS OF THE GOLD COAST



1 CENTRAL **2 NORTH** **3 SOUTH** **4 HINTERLAND**

AREAS OF THE GOLD COAST



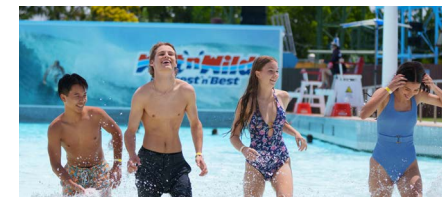
1 CENTRAL

Home to some of the city's most iconic suburbs, and packed with everything from beautiful beaches to buzzing nightlife, central Gold Coast has it all. Go swimming or try your hand at surfing with a lesson on the iconic Surfers Paradise beach, or shop til you drop at Pacific Fair or Paradise Centre. For the foodies out there, you'll never go hungry with the range of eateries available in the area. If you're into arts and music, HOTA (Home of the Arts) hosts exhibitions, concerts, talks and much more at their cultural centre on the riverfront. Feeling adventurous? Why not try Australia's highest external building climb at SkyPoint - you'll find yourself 270 metres above sea level with 360 degree views of the entire Gold Coast region.



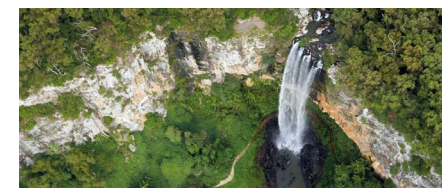
3 SOUTH

You'll find water sports and scenic views around every corner on the southern Gold Coast. Take a surf lesson at Coolangatta, or watch the professionals during the World Surfing League Championship Tour. Meet iconic Aussie animals at Currumbin Wildlife Sanctuary. Enjoy an acai bowl at Salt Mill in Currumbin and for a budget friendly beachside meal, visit one of the local surf lifesaving clubs like Rainbow Bay or Palm Beach. When you're ready to cool down, relax at the freshwater Currumbin Rock Pools.



2 NORTH

Australia's theme park capital, the northern Gold Coast is home to all kinds of sports and adventure. Ready for some thrills? Head to Coomera and Oxenford, where you'll find Movie World, Dreamworld and Wet'n'Wild - perfect for a fun day out with friends. Nature lovers can spot iconic Aussie animals in the wild at Coombabah Lakelands Conservation Park. Get your heart rate pumping by hopping behind the wheel of a Supercar at the Supercar Official Driving Experience, or hit the water on a wakeboard at GC Wake Park. And if you're an avid golfer (or just want to have a go!), get your friends together for a game or two at Topgolf, or take on a full course at Sanctuary Cove.



4 HINTERLAND

When it's time to get out of the city, hit the road and head west into the 100,000 hectares of national park that make up the Hinterland. From waterfalls to rainforests, vineyards to restaurants, you'll never be bored. Get a different view of the environment from the Tamborine Rainforest Skywalk, 30 metres up in the air, or take the time to really get to know Springbrook and Lamington National Parks on the Gold Coast Hinterland Great Walk.



MAYOR'S STUDENT AMBASSADOR PROGRAM

Enhances students' personal and professional development through exclusive, high-impact experiences that connect to the heart of the Gold Coast community.



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GETTING AROUND

PUBLIC TRANSPORT

The Gold Coast offers an integrated transport network including buses, trams, and trains, connecting major hubs and attractions for convenient travel across the region.

FARES

All public transport across Queensland on the Translink network costs a flat rate of 50 cents.

TRANSLINK GO CARD

The go card is a rechargeable card used for easy travel on buses, trams, and trains. You can load or reload your go card at some train stations, select retailers, or online. International students are generally eligible for concessions - make sure to carry your student card with you!

BUSES

Buses are an accessible and affordable way to travel. The Gold Coast's extensive bus network covers the city centre, suburbs, and major attractions (including the theme parks and Pacific Fair Shopping Centre), providing frequent services throughout the day and into the night.

TRAMS

The Gold Coast's light rail system, G:link, runs from Helensvale to Broadbeach, with plenty of stops along the way (passing right through Surfers Paradise!). The tram is a reliable and efficient way to travel along the coastal strip.

TRAINS

The Gold Coast's train services connect directly to Brisbane as well as other areas in Queensland - a great option if you're looking to explore a bit further out. The line runs from Varsity Lakes to Brisbane, providing a convenient link between the Gold Coast and the state capital.

OTHER TRANSPORT OPTIONS

BIKES

Whether you choose to buy your own bike or rent one - the Gold Coast is the perfect place to ride. There are plenty of bike rental stores throughout the area, or you can access e-bikes parked at designated locations across the city for convenient exploration. Observing bike laws is crucial for safety - make sure to stay up to date on regulations and abide by the rules when you're riding. Helmets are essential; all e-bikes come with a helmet, or you can buy your own at a local department store. qld.gov.au/transport/safety/rules/wheeled-devices/bicycle

TAXIS

There are a few ways to hire a taxi on the Gold Coast: you can hail one from a taxi rank or by waving one down on the street. During busy times, booking ahead with an app like Gold Coast Cabs or Black & White Cabs helps secure a ride, ensuring there's a car ready for you during peak hours or special events.

RIDESHARING

Uber and DiDi are the most popular ridesharing apps on the Gold Coast, providing convenient and on-demand transport throughout the city and surrounding areas. Additionally, Shebah offers a secure, women-only rideshare option to make sure female passengers feel safe.

RENTING A CAR

There are a few options if you're interested in renting a car: look up agencies like Hertz, Avis, or Budget, or consider newer platforms like Uber Carshare or Turo. Visit their websites or apps, choose your desired vehicle, select rental dates, and complete the reservation online. Collect the car from designated pick-up points or have it delivered.

ABORIGINAL CULTURE

The traditional owners of the Gold Coast land are the Yugambeh people, who have lived in the area for tens of thousands of years. Traditionally, the Yugambeh people lived in close-knit communities in harmony with the land and used sustainable practices to ensure they didn't harm the environment. Today, the Yugambeh people continue to honour their ancestors and culture, striving to preserve and share their traditions.



WELCOME TO COUNTRY

When attending events on the Gold Coast, you may observe a Welcome to Country or Acknowledgement of Country ceremony. These are two types of important ceremonies that remind the Australian community that the land they live on is owned by Aboriginal and Torres Strait Islanders. A Welcome to Country can only be performed by a Traditional Owner/Custodian or a member of the Aboriginal or Torres Strait Islander community who has been granted permission to do so by a Traditional Owner/Custodian.

HISTORY AND CULTURE

To look into the Aboriginal history of the Gold Coast, students can explore the Jellurgal Aboriginal Cultural Centre, which features guided tours through Burleigh Heads National Park as well as educational resources. The Yugambeh Museum, Language and Heritage Research Centre aims to maintain and promote the traditional language and history of the Yugambeh people. Both venues are great places to start understanding the region's indigenous heritage.

FOOD

Traditionally, the Yugambeh people's food was deeply connected to the land they lived on. They gathered a variety of foods from the forests, rivers, and fields, making their diet diverse and rich. Bush tucker, including native plants like warrigal greens or bunya nuts, was an essential part of their diet, providing them with nourishment and sustaining their connection to the land. Native ingredients are super popular in Australian restaurants at the moment - or ask your butcher for their best kangaroo fillet!

ART

Art is an important aspect of Aboriginal culture and knowledge. Owned and run by the local Aboriginal community, Jellurgal Aboriginal Cultural Centre is the Gold Coast's only dedicated Aboriginal cultural centre. At the centre, you'll find an art gallery where you can explore small and large canvases showcasing various subjects and methods of painting. See something you like? You may be in luck - many pieces are for sale, and make a great memento to take home!

ABORIGINAL CULTURAL EVENTS

NATIONAL RECONCILIATION WEEK

27 MAY - 3 JUNE

National Reconciliation Week acknowledges the mistreatment and displacement of Australia's First Nations peoples. It's a valuable opportunity to learn more about Aboriginal culture and history. The events start on 27 May, the anniversary of the 1967 Referendum, which included Aboriginal people in the census. The celebrations conclude on 3 June, Mabo Day.



NAIDOC WEEK

FIRST SUNDAY IN JULY

In July, NAIDOC week is held across Australia to acknowledge the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC stands for National Aborigines and Islanders Day Observance Committee. During the week-long festival, events can be attended on university campuses and in the community.



MABO DAY

3 JUNE

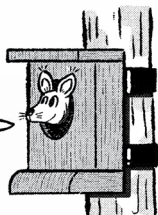
Mabo Day honours the legacy of Eddie Koiki Mabo, a Meriam man from the Torres Strait Islands. On 3 June 1992, Mabo's activism resulted in a High Court decision, which recognised that Aboriginal and Torres Strait Islander peoples have rights to the lands and waterways of Australia predating British colonisation. It also acknowledged that these rights are ongoing. To commemorate this date, Mabo Day is held annually on 3 June.



PREPARING ACCOMMODATION

COMPARING ACCOMMODATION TYPES

Home sweet home



In Australia, you're spoiled for choice when it comes to accommodation options. When choosing yours, be sure to consider your needs, lifestyle and budget. No matter your situation, there's an accommodation style suited to you.

experiencegoldcoast.com/study/live/student-accommodation



PRIVATE RENTAL

Cost: A\$180-\$800/wk

In this style of accommodation, you rent an apartment or house, either on your own or with other people. If you share with others, you can opt to rent a shared room or a private room. Living with other people has plenty of perks, including more opportunities for socialisation and lower living costs. On the other hand, living alone also offers many benefits, namely independence. You'll also have the freedom to design your space exactly as you want and to come and go without worrying about disturbing others. However, living alone is generally more expensive.



HOMESTAY

Cost: A\$250-\$450/wk

Under a homestay arrangement, you live with a local Australian family in their home. Typically, the host family is responsible for covering the cost of utilities, internet and, in some cases, meals. So, if you're looking for an all-inclusive price structure and a sense of local guidance, a homestay could be the perfect fit. Keep in mind that you will need to request that the family home is located as close as possible to your education provider.



PURPOSE-BUILT STUDENT ACCOMMODATION

Cost: A\$300-\$400/wk

Student accommodation comes in various forms, from studios that you'll have all to yourself to multi-bedroom shared apartments. Each style of room comes fully furnished and all bills (including internet) are included in the price of rent. To ensure you choose high-quality student accommodation, check the National Property Accreditation Scheme (NPAS). Properties accredited under the NPAS meet the industry-led minimum standards for student safety and wellness. npas.org.au



RESIDENTIAL COLLEGE

Cost: A\$195-\$330/wk

Residential colleges are ideal for students who are looking for ultimate convenience along with some extra perks. Not only are they close to campus and fully furnished, but they sometimes offer additional amenities such as study spaces, gyms, meals and/or room cleaning. The price of residential college accommodation can vary significantly depending on your style of room and study location.

Important note: The figures listed above are research-based median ranges. While quite broad, we acknowledge that the prices of certain accommodations may fall below or above this range. We also acknowledge that, while these ranges are correct at the time of publication, they are subject to change.

HOUSEMATES' CODE



FOOD

Establish early on how groceries will be purchased and make it clear what food is shared. Avoid eating any food that isn't yours or designated as shared.



GUESTS

Communication with your housemates is crucial when it comes to guests. Guidelines to consider include when/how long they should be there and which areas/rooms are shared spaces.



CLEANING

Consider creating a cleaning roster, noting that some housemates may prefer certain tasks. You will still be responsible for doing your own dishes and laundry, and keeping your room tidy.



RENT

Make sure rent is paid on time to the right person. You might be paying rent to a head housemate or making individual payments to the real estate agent or landlord.



BILLS

Have a plan for how bills are divided up and paid. One person is generally responsible for managing bills, but like rent, make sure they're paid on time to avoid housemate disputes.



MOVING OUT

If someone decides to move out, establish the process involved. Determine how much notice they need to give and whether you need to alert your property manager or landlord.

HEAD ONLINE

From types of accommodation and support for renters, to decorating your space and being a great housemate, check out our online accommodation guide.



INSIDER GUIDES

FACTORS TO CONSIDER WHEN SELECTING ACCOMMODATION

- ☐ How close is it to your study institution?
- ☐ How close is it to public transport and what will the travel cost be?
- ☐ What is nearby? (Shops, hospitals, police stations, parks)
- ☐ Is there adequate heating and cooling?
- ☐ Is it noisy?
- ☐ Is the area safe and is the building secure?
- ☐ What will the insurance costs be?
- ☐ Does everything work? (Smoke alarms, appliances, light switches)

RENTAL SCAMS

Unfortunately, rental scams can occur in Australia. To protect yourself against them, look out for some of these common warning signs. Be careful of offers that sound too good to be true. Ask advice from trusted friends, your education provider or agent, if you notice any of the following:

- The rent is a lot cheaper than other similar accommodation in the area.
- You are asked to sign a lease or pay a bond or deposit before you have seen the property.
- The photos or description of the property don't match the reality on inspection.
- The landlord or agent makes excuses that you can't view the property (e.g., saying they are overseas).
- The landlord or agent requests money via money transfer.

The scammers may try to appear genuine by providing photos, real addresses of properties, copies of land titles, and even scans of stolen passports. Scammers also ask for personal details – such as bank and credit card numbers – which they use for credit card and identity fraud.

Make sure you always inspect the property in person (or complete a virtual inspection if you can't attend) and don't send any money via money transfer.

HOW TO PAY RENT

There are a few different ways to pay rent in Australia. These include direct debit (bank), BPAY (a type of electronic payment), or paying in person with card or cash. Your real estate agent or landlord will sometimes offer a range of options or request only one. Be sure to ask or check your rental agreement to find out their preferences.

BEFORE YOU TAKE OUT A LEASE ON A PROPERTY

- ☐ Ensure you have enough money to cover the bond.
- ☐ Arrange a reference or guarantor.
- ☐ Inspect the property before you sign a contract or pay a deposit.
- ☐ Photograph any existing damage or issues.

HOW MUCH WILL MY BOND BE?

In private rentals and managed student accommodation, you will need to pay a bond in advance. As long as you don't damage the property and stay up to date on your rental payments, this bond will be returned at the end of your agreement. For private rentals, this bond cannot legally be more than four weeks' rent.

Make sure you receive a receipt for all money given to your landlord or real estate agent, including the bond. You should also get a bond authority lodgment notice from Residential Tenancies Authority.

LEARN MORE ABOUT YOUR RIGHTS AND RESPONSIBILITIES AS A RENTER

Experience Gold Coast can direct you to a wide range of accommodation support and advice for international students, including information to help you understand your accommodation rights in Australia. If you need help understanding your rights or have a legal problem, the QLD Statewide Tenant Advice and Referral Service by Tenants Queensland can provide you with assistance.

experiencegoldcoast.com/study/gold-coast-student-hub 

HERE ARE SOME OTHER USEFUL RESOURCES:

[Residential Tenancies Authority Queensland](https://residentialtenancies.qld.gov.au) can help you understand your rights based on Australian law.

[Study Australia](https://studyaustralia.com.au) provides a comprehensive explanation of your tenancy rights including tips for international students.

[Queensland Statewide Tenant Advice and Referral Service](https://tenantsqld.org.au) offers free independent advice and a referral service for all Queensland renters.

WHAT SUPPORT SERVICES ARE AVAILABLE FOR RENTERS ON THE GOLD COAST?

If you choose to rent while studying on the Gold Coast, you will have access to vital support services, offering guidance and assistance.

Tenants Queensland provides advice on tenancy rights and advocacy for fair treatment. Their website has a range of information on everything from paying your bond to finding a rental when you have a pet.

The Residential Tenancies Authority (RTA) offers comprehensive details on rights and responsibilities, tenancy agreements, and dispute resolution processes. They have fact sheets and webinars with up-to-date information on renting in Queensland.

Finally, the Gold Coast Student Hub extends support to international students, lending a hand with accommodation queries, tenancy agreements, and navigating the renting process.

These services help to empower renters by providing valuable information, guidance, and advocacy to ensure a fair and informed renting experience on the Gold Coast.

tenantsqld.org.au  rta.qld.gov.au  experiencegoldcoast.com/study/gold-coast-student-hub 

IMPORTANT STEPS WHEN MOVING INTO A NEW HOME

1. Notify your bank, employer, education provider and OSHC provider of your new address. Your student visa requires you to update your education provider within seven days of arriving in Australia or moving to a new address.
2. Get to know your local area and council. Find out where your nearest medical centre, shops, public transport hubs and fitness facilities are located. Learn about waste disposal in your area, including recycling and composting options. Check out your local council's website for more information.
3. Tell our friends and family back home where you're living. They probably want to know that you're in a safe place and they may want to send mail from time to time. Think about home and contents insurance. If you're living in your own apartment or house, or have joined an existing share house, you might want to purchase home and contents insurance to protect your belongings from theft or damage.
4. Check your home is in working order. Make sure things like hot water, taps and switches work. If there are any faults or issues, notify your agent, landlord or accommodation provider.

MONEY AND BANKING

BANKS IN AUSTRALIA

WHY DO I NEED AN AUSTRALIAN BANK ACCOUNT?

Opening an Australian bank account will make it easy to manage your money. You'll be able to pay your rent and bills, transfer funds between accounts and build up emergency savings. You'll have easy access to your money and won't have to worry about international transfer fees.

You'll also need an Australian bank account if you decide to get a part-time job while you study, or if you're on a scholarship, as these payments cannot be made to overseas accounts.

HOW DO I SET UP A BANK ACCOUNT?

Setting up a bank account in Australia is easy! There are several Australian banks to choose from, including Australia and New Zealand Banking Group (ANZ), Commonwealth Bank (CBA), National Australia Bank (NAB) and Westpac.

To open a bank account, you will generally need to visit a local branch of the bank of your choice, taking any necessary identification with you. Once your identification has been verified, you will receive access to your very own Australian bank account. This usually consists of a daily spending account, which you can use to pay for things like rent and groceries, and a savings account, which you can add to over time.

You will also be given a debit card, allowing you to shop within Australia and online without paying any extra fees.

AUTOMATIC TELLER MACHINES (ATMS), CONTACTLESS PAYMENT AND PAYID

You can use your debit card to withdraw cash from most ATMs across Australia. Remember - using an ATM that isn't from your bank may incur a fee. Luckily, you can also set up contactless payment by adding your card to your mobile phone so you can pay for things if you forget your wallet. PayID uses your phone number to make payments or transfer money to friends if you're splitting a bill. Check your bank's website or give them a call for more information.

CAN I GET AN AUSTRALIAN CREDIT CARD AS AN INTERNATIONAL STUDENT?

As an international student, getting a credit card can be a little complicated. Most Australian banks require you to be on a certain visa and earn a minimum salary in order to be eligible for a credit card.

If you're confident you'll need an Australian credit card, head to your local bank branch to talk about your options. In most cases, you will need to undergo a credit check and meet certain requirements.

WHAT SHOULD I BRING WITH ME TO OPEN A BANK ACCOUNT?

- ☐ Passport or birth certificate
- ☐ National Identity Card (if you have one)
- ☐ Proof of Australian address (can be a household bill)
- ☐ Proof of enrolment
- ☐ Driver's licence

Note: It is not necessary to have a Tax File Number (TFN) to get a bank account, but without one, you will get taxed the highest marginal tax rate on the interest your money earns in the bank account.

MANAGING YOUR MONEY




HOW DO I MANAGE MY BUDGET?

The first step in managing your budget is understanding your current financial position. Predict and list all of your income and expenses for the next three to six months as best you can. Then, it's time to think about ways to improve it. Think about the things that add a lot of value compared to the things you don't really need to pay for. For example, you might buy a coffee every day when you can make one at home instead. Next, download an app such as Frollo, Wally or YNAB on your phone and sync up your bank accounts. With these, you can start tracking and setting goals for spending and saving. You can also use the Australian Government's Moneysmart service for advice.

moneysmart.gov.au 




WHAT SHOULD I DO IF I AM FACING FINANCIAL DIFFICULTIES?

If you are having any difficulties with your finances, your first contact should be your educational institution. They have qualified staff available to help and can point you in the right direction for support. If you are experiencing financial hardship then you may be able to apply to pay your tuition in instalments.

Gold Coast Student Hub Support officers can try and assist or provide referrals to you for any of the below aspects of your student life. Book an appointment here: experiencegoldcoast.com/study/gold-coast-student-hub 

SCAMS AND SECURITY

Unfortunately, there are a number of scams specifically targeted towards international students, including agency, accommodation, blackmailing and online scams. If you are vigilant and aware of these scams, you will be better able to avoid them. Scamwatch and Queensland Police Service (QPS) outline different types of incidents and who to contact for help. You can report a scam to QPS by going to your local police station or confidentially reporting it to Crime Stoppers.

scamwatch.gov.au  · police.qld.gov.au/safety-and-preventing-crime/r-u-in-control/scams  · crimestoppersqld.com.au/make-a-report 

WHERE CAN I SEEK HELP FOR GAMBLING?

Gambling can be addictive, which not only affects your health but your finances too. There are several resources available to help you overcome your gambling addiction. These include Gambler's Help and various community services.

gamblershelp.com.au  · gamblinghelponline.org.au 

STAY SAFE ONLINE WITH THESE TIPS

Let's take you through the most common scams and how to protect yourself.



INSIDER GUIDES

COST OF LIVING

TRANSPORT

To use public transport in Queensland, you can buy a reusable smart card called a go card. Top it up online or at certain retailers, and tap on and off each time you hop on a bus, tram, train or ferry. All fares on all Translink services are **now 50 cents** per journey, no matter how far you travel or how you pay (go card, contactless debit or credit card, or paper ticket). What a bargain!

Riding a bike is an affordable and efficient way to get around the city. There are more than **2400km of bike tracks** and paths across the Gold Coast, making it safe and easy to commute. Don't own your own bike? Check out Lime's e-bikes, located at various points throughout the city. Pay per minute for an easy (and fun!) cycle to your next destination.

For shorter distances, walking is free and a great way to see the city. With walking paths like the Gold Coast Oceanway and the Surfers Riverwalk, you'll get great views of the ocean and river while saving money on transport.

WELLBEING & HOBBIES

How much you spend on wellbeing and hobbies will depend on your interests. If you love working out, you could sign up for a gym membership or join a social sports team. Gym memberships can cost between **AUS\$20-\$60** per week depending on the services and amenities on offer. Exercising doesn't have to cost money - make the most of the Queensland sunshine by heading outside for a run, walk, swim or bike ride with friends.

Are you a big movie fan? A cinema ticket on the Gold Coast could cost you anywhere from **AUS\$10-\$50** depending on the type of ticket you buy. To save money on tickets and snacks, look for 'Cheap Tuesday' or student night offers, or sign up for cinema loyalty programs.

Check out UniDays and Student Beans for exclusive student discounts on fashion, food, entertainment and health and wellness. Many restaurants, stores and entertainment venues offer student discounts in person - so make sure to carry your student ID with you. It never hurts to ask!

EVENTS & ENTERTAINMENT

Tickets to concerts, sporting events and theatre shows can cost anywhere from **AUS\$50-\$200** or even more, depending on which seats you choose and how popular the event is.

Take a look at the clubs on offer at your university - some might hold free events you can attend, and there are many free events held around the Gold Coast and surrounding areas - check out the City of Gold Coast website and Experience Gold Coast for a schedule of events happening near you.

GROCERIES

Depending on your food preferences, you can expect to spend between **A\$80-\$150 per week** on groceries. The big supermarket chains in Australia are Coles, Woolworths and Aldi. Coles and Woolworths both have rewards programs that offer regular discounts and deals.

To cut down on costs, buy ingredients in bulk and prepare your meals for the week all at once, instead of shopping every day. Check out supermarket home brand products or head to your local greengrocer or fruit and veg market for lower prices. If you're short on time, you can 'click and collect' - order online and pick up directly from your closest store.

Don't forget to write a shopping list and take it with you - this will help stop you from buying extra things you don't need or won't use!

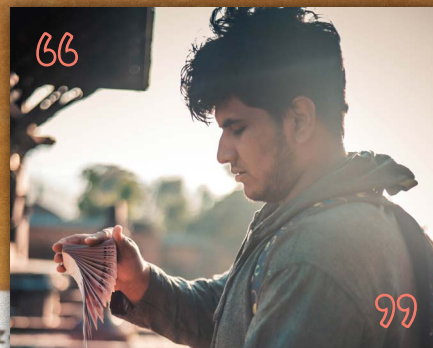
Here are some approximate prices of everyday items:

- **A 5kg bag of rice** = AU\$8.50
- **A 1L bottle of full cream milk** = AU\$1.60-\$3.90
- **Two large chicken breasts** = AU\$12
- **1kg of carrots** = AU\$2
- **1kg of apples** = AU\$5.50

FINANCIAL SUPPORT & ADVICE

If you're finding that your student budget isn't stretching as far as you thought, or if you find yourself in financial distress, reach out to the Gold Coast Student Hub for support.

experiencegoldcoast.com/study/gold-coast-student-hub



"To help with budgeting as a student, you should:

1. Grab a budget template from Google Sheets.
2. Spend 10 minutes each night tracking your expenses and income.
3. After 2 weeks, you'll start to see patterns and can adjust accordingly.
4. Always set aside a fixed amount to save or spend wisely each week — and be mindful of where your money is going."

Anup, Nepal
Southern Cross University

ACCOMMODATION

Rent and other accommodation costs will vary depending on your type of housing. For example, a private rental on the Gold Coast will likely cost anywhere from **AUS\$300 to \$750** per week, depending on whether you rent **a room or an entire apartment** on your own. Learn more about the costs of various accommodation styles in the Accommodation section of this guide.

EMPLOYMENT

EMPLOYMENT BASICS



CAN I WORK WHILE STUDYING?

Yes! As an international student, you are allowed to work up to 48 hours per fortnight (every two weeks), and full-time during university breaks. Restrictions on working hours are subject to change. To stay up to date, visit the Department of Home Affairs website.





Australia has laws guaranteeing basic workplace rights, including minimum pay and conditions. You can learn more about these on page 25 and via Experience Gold Coast.

goldcoaststudentjobs.com.au 
immi.homeaffairs.gov.au 
experiencegoldcoast.com/study/work 

WHERE SHOULD I LOOK FOR A PART-TIME/CASUAL JOB?

The Gold Coast Student Jobs site (goldcoaststudentjobs.com.au ) and app are great resources for students and graduates seeking work, volunteer and internship opportunities. Check out job app Getahead (getahead.com.au ) to swipe through opportunities, match with employers and even take job interviews directly through the app.

There are plenty of other job-seeking sites you can also access for free - we have listed some of the most popular sites below.

seek.com.au  · careerone.com.au  · au.indeed.com  · jobsqueensland.qld.gov.au 

Most education providers have a careers website that will list jobs specifically targeted to students. If you'd prefer to freelance or work on your own time, check out Airtasker, Fiverr, or Upwork. Make sure to update your LinkedIn profile to help potential employers find you, and to meet and network with professionals in your field.

CAN I GET A JOB AFTER I GRADUATE?

There are visa options available to you if you are interested in working in Australia after you graduate. The most common visa pathway for international graduates is the Temporary Graduate (subclass 485) visa. To learn more, visit the Department of Home Affairs website or speak to a registered migration agent.

There are plenty of graduate opportunities available on the Gold Coast and across Queensland, in a range of different industries and business types. Prosple is a great place to start looking for positions.

prosple.com.au 

WHAT ARE THE DIFFERENT TYPES OF EMPLOYMENT?


Your type of employment will affect your hours of work, your rate of pay and some of your entitlements. Generally, employees are either:

- **Full-time** – work 38 hours per week plus receive entitlements such as annual (holiday) leave, sick and personal leave and superannuation.
- **Part-time** – work less than 38 hours per week. These employees work a regular pattern of hours. Part-time employees get entitlements such as annual leave and personal/carer's leave on a pro-rata basis – this means that it is based on how many ordinary hours they work.
- **Casual** – usually aren't guaranteed a certain number of hours each week. They usually get a casual loading (an extra percentage added to their rate of pay) instead of entitlements like paid personal/carer's leave or annual leave, a paid day off on a public holiday, or redundancy pay.

Casual or part-time employment is great for international students, as you can schedule work around your classes.

TAX AND YOUR TAX FILE NUMBER

Before working in Australia, you need to get a Tax File Number (TFN). Your TFN will ensure that you get taxed at the correct rate for the amount of work you are doing. Australia has a tax-free threshold of \$18,200, meaning you will pay no tax if you earn less than this amount in one year. If you have any tax taken from your earnings, you will need to complete a tax return at the end of the financial year to get that money back. Visit the Australian Taxation Office (ATO) website for information about applying for a TFN.



ato.gov.au/Individuals/Tax-File-Number/Apply-for-a-TFN 

WHAT IS SUPERANNUATION?

Often known as 'super', this is a financial contribution you'll use for living expenses when you retire. You can contribute to your own fund, but it's most common for your employer to do this. If you are an employee, you are entitled to receive super from your employer, even as a temporary resident. If you're under 18, you'll need to work over 30 hours a week to be eligible for super.

From 1 July 2025, as long as you meet the eligibility requirements to receive superannuation, your employer must contribute 12% of your income to your super, no matter how much you earn. Your super is provided in addition to your regular wage - it is not taken out of your pay. You can also claim your super when you leave Australia.

The percentage of required superannuation contributions is subject to change, so check the Fair Work Ombudsman (FWO) website for the most up-to-date information.

ato.gov.au/Individuals/Super 
ato.gov.au/calculators-and-tools/am-i-entitled-to-super 



"Start building your resume with volunteering or casual roles, even if they're unrelated to your field. Networking is also key, attending student career events, connecting on LinkedIn, and being proactive in seeking for new opportunities."

Rykaa, Canada
Griffith University


STUDENT SUPPORT

The Gold Coast Student Hub offers a wide range of employment support and advice for international students, including information to help you understand your working rights in Australia. Experience Gold Coast can answer any queries you have about everything from leave entitlements to taxation obligations. If you need one-on-one support, you can book a student support appointment at the Gold Coast Student Hub.

experiencegoldcoast.com/study/gold-coast-student-hub/support-and-resources 

DO I NEED AN AUSTRALIAN BUSINESS NUMBER (ABN)?

You don't need an ABN to work for an Australian employer. You only need one if you're an independent contractor, like a freelancer.

fairwork.gov.au/find-help-for/independent-contractors 

FREELANCE & GIG WORKERS

Freelancers - also sometimes known as gig workers - set their own hours, working independently. You can decide when you work, the type of work you do and how much you are paid. This provides a great amount of flexibility but also means your income may vary from month to month.

The 48-hour work limit applies to all kinds of work, including freelancing. Make sure the amount of work you are undertaking does not exceed this limit.

gigworkers.org.au 

IMPROVING YOUR EMPLOYABILITY

There are many ways you can improve your employability and develop workplace skills. This can make it easier to find jobs, and you'll be better prepared for the Australian workforce.

INTERNSHIPS AND WORK EXPERIENCE

An internship may be a compulsory part of your degree, or you might just want a bit of extra professional experience to improve your resume. Check with your education provider's career centre for options for arranging an internship or work experience.

NETWORKING

In Australia, professional networking is one of the most effective ways of securing a job. By making new connections, you're directly showing people what you have to offer, such as great communication and interpersonal skills. Networking also helps to ensure that people remember and consider you for employment opportunities. You can find networking events through your education provider, Experience Gold Coast or external organisations, such as Eventbrite.


[eventbrite.com.au](https://www.eventbrite.com.au) 

NETWORKING ON LINKEDIN

LinkedIn is the most powerful social media platform for professionals and is a great way to easily build industry connections. Make sure to keep an up-to-date LinkedIn profile tracking your experience and achievements.

VOLUNTEERING


Volunteering can help you integrate with your new community by improving your communication skills, allowing you to make new friends and network. Your education provider may offer volunteering opportunities (just ask careers staff or the international student office), and there are plenty of off-campus volunteering roles, like those listed on the Gold Coast council website below.

goldcoast.qld.gov.au/Things-to-do/Get-involved/Want-to-volunteer 

EMPLOYABILITY PROGRAMS

Check out Experience Gold Coast's Career Resources page and the Online Career Tool for advice and guidance on starting your career in Australia. These sites have useful information on job search strategies, resume writing, interview preparation and understanding the job market.

experiencegoldcoast.com/study/work 

experiencegoldcoast.com/study/work/online-career-tools 





WORKPLACE RIGHTS


DO YOU KNOW YOUR WORKPLACE RIGHTS AND PROTECTIONS IN AUSTRALIA?


As an international student, you have the same workplace rights and protections as all employees in Australia.

The Fair Work Ombudsman (FWO) is Australia's workplace relations regulator and can help if you have problems with your workplace rights or entitlements such as pay and leave.

When starting a new job, you can take a short 'Starting a new job' online course to learn about your workplace rights and entitlements at fairwork.gov.au/tools-and-resources/online-learning-centre 

You can't get in trouble for being underpaid. If you have a workplace issue, you can contact the FWO for help without fear of your visa being cancelled. Visit fairwork.gov.au/find-help-for/visa-holders-migrants  for more information.

The FWO's anonymous reporting tool available at fairwork.gov.au/workplace-problems/send-us-an-anonymous-tip-off  lets you report a workplace issue in 17 different languages, without providing your personal information.


fairwork.gov.au/tools-and-resources/language-help  has information in over 30 different languages to help you understand your work rights. To speak your language, you can call the Translating and Interpreting Service (TIS) on 13 14 50. Tell the operator the language you speak and ask them to call the FWO on 13 13 94.


Remember, contacting and getting help from the FWO is FREE!



A FEW IMPORTANT THINGS TO REMEMBER!

Knowing your workplace rights and entitlements can be one of your best defences against being exploited at work. Here are a few important things to remember:

1. There are minimum pay rates that you have to be paid, based on the work you do. Visa workers are entitled to the same minimum pay rates and workplace conditions as any other Australian employee with the same job in their workplace.
2. Know who you are working for – ask the question: what is the business name and the Australian Business Number (ABN)?
3. When starting a new job, employers have to give you a copy of the Fair Work Information Statement (fairwork.gov.au/employment-conditions/information-statements/fair-work-information-statement ) before, or as soon as possible after you start your new job. You may also need to get other information statements if you're a casual or hired on a fixed term contract.
4. You have to be paid for all hours worked including meetings, training or the time you spend opening and closing the business.
5. It is NOT okay to receive goods, food or services instead of pay.
6. Your employer must pay you at least monthly and give you a pay slip within one day of being paid. Depending on your work, this may need to be more frequent.

It can be helpful to keep a record of the hours you have worked. You can manually record your hours (e.g. in a diary) or use the FWO's Record My Hours app (fairwork.gov.au/tools-and-resources/record-my-hours-app ) which is available in 18 languages.

STUDYING

From start to finish, there are certain things you'll need to know to prepare for the academic year in Australia.

A TIMELINE OF STUDY TIPS

START OF SEMESTER

Create a lesson and study timetable - An easy-to-understand lesson timetable means you'll always know where you're supposed to be and when. Organise your routine around your classes and include time for studying, socialising, working and relaxing.

Buy your textbooks - If you have required readings, buy them in advance. Consider buying second-hand or eBooks to save some money, or check if copies are available at the library to borrow.

Go to O-Week - Attend your university's Orientation Week (O-Week) to meet your classmates, take a tour of your campus, join a club or two and attend any introductory lectures.

ASSIGNMENT TIME

Understand what is required - Assignments at Australian education providers may range from research papers to group projects. Each of your teachers will have different expectations and grading criteria. Speak to them as early as you can if you have any questions.

PLAGIARISM, CHEATING & AI

Plagiarism is copying someone else's work and presenting it as your own. This may be copying part of an essay (or the entire thing) written by someone else, or using the words of an author without referencing them. Plagiarism is a form of cheating - both of which are prohibited. If you're found guilty of either offence, you could face consequences such as expulsion and/or the cancellation of your student visa. Cheating and plagiarism scandals have become more rampant following the rise of artificial intelligence (AI) platforms. While some education providers allow students to use AI, it's important to follow your institution's regulations closely to avoid misusing these tools.



EXAM PERIOD

Know when exams are - You can check with your education provider in advance for when exam periods are. Make sure you don't plan any trips away during this time (including the exam re-sit period).

Visit your exam location - Some exams may be held off-campus, or in locations you're unfamiliar with. To save you from extra worries on exam day, it is recommended that you visit the exam location early, so you know how to get there and how long it will take.

SUPPORT FOR INTERNATIONAL STUDENTS

There are many support services you can find through your education provider for free. No matter your needs, help and advice are always available!

CAREERS CENTRE

This office will help you create your resume and prepare for a job interview. They can also help you plan out your graduate career, find internships and casual work.

INTERNATIONAL STUDENT OFFICE

This office is your best friend! Staff will help with your orientation, organise social events and answer any questions that relate specifically to international students.

LIBRARY

There is more to the library than just books. Libraries have meeting rooms, TVs and computers, which will give you access to an online library of eBooks, journal databases and more.

QUEENSLAND TRANSCULTURAL MENTAL HEALTH CENTRE

QTMHC is a service that works to provide culturally responsive mental health support to people from diverse backgrounds.

QSTARS TENANCY ADVICE

If you need help understanding your rights as a tenant, resolving tenancy issues, or communicating with your landlord or agent, QSTARS provides free advice and assistance.

QSTUDY STUDENT SUPPORT HOTLINE

Call 1800 778 839 for free, 24/7 phone support, including referrals to various services and advice on health and wellbeing.

STUDENT LEARNING HUBS

Many universities offer a central learning hub that provides free support in specific subjects, as well as activities designed to improve English skills, digital literacy, writing and more.

STAFF MEMBERS

Your teachers are there to help. If you're struggling, reach out to them for assistance. They can also refer you to other support services.

PRIVATE TUTORING

Need help with a specific subject? You can find them listed on your education provider's noticeboard, or you can use the Student VIP website.

studentvip.com.au/tutors Q

GOLD COAST STUDENT HUB

The Gold Coast Student Hub is a dedicated space available to all international students on the Gold Coast. The Hub can assist with many enquiries, including financial hardship, accommodation, wellbeing and mental health support, unemployment programs, legal information and education provider problems.



HEALTH, SAFETY AND WELLBEING

HEALTHCARE BASICS

WHAT'S THE DIFFERENCE BETWEEN A GP/MEDICAL CLINIC AND A HOSPITAL?

To put it simply, hospitals are typically for emergencies, while general practitioners (GP) are for non-emergencies.

You should generally only go to a hospital if you are seriously hurt or sick and require urgent medical attention. This includes things like a major injury (e.g. a broken bone), problems with breathing or bleeding, or loss of consciousness.

You should see a GP or visit a medical clinic for non-emergencies. This includes things like the flu or common cold, minor injuries, or ongoing stress or worry.

WHAT IS THE DIFFERENCE BETWEEN PUBLIC AND PRIVATE HEALTHCARE?


Medicare is the public health system that gives some Australian residents free or discounted health services. If you're from a country with a Reciprocal Health Care Agreement (RHCA) you might receive some Medicare benefits, which may be known as Reciprocal Medicare.

servicesaustralia.gov.au/reciprocal-health-care-agreements 

The private healthcare system complements the public healthcare system, or if you're not eligible for Medicare, it helps replace it. There are several private health insurance providers that offer Overseas Student Health Cover (OSHC), which you will require as an international student (unless you fall into an exemption category).


WHAT SHOULD I DO WHEN MEDICAL CLINICS ARE CLOSED?

Very few medical clinics are open seven days or have 24-hour services. If you need a medical certificate or have a minor illness, it's best to wait until medical clinics are open. For urgent non-life threatening enquiries, there are after-hours home doctor services available, including 13 SICK (call 13 74 25) and telehealth, which allows you to consult a healthcare provider by phone or video call. Speak with your doctor to see if they provide telehealth appointments.

You can also ring healthdirect (1800 022 222) to get advice on treating non-life-threatening illnesses, or use the healthdirect symptom checker - healthdirect.gov.au 

If you have a serious injury or illness, visit a hospital with a 24-hour emergency department (ED). In an emergency, call 000 for an ambulance.

HOW DO I FIND A DOCTOR?

Your OSHC provider will likely maintain a list of recommended providers. Their website may even have a 'find a doctor' resource to assist you in finding your nearest doctor. The Healthengine website (healthengine.com.au ) can also help locate a doctor.

WHAT DO I DO IN AN EMERGENCY?

If you have a medical emergency, if there is a fire, or if you need police attention, call 000 (it's entirely free to call).



OVERSEAS STUDENT HEALTH COVER (OSHC)

HOW DOES OSHC WORK?

All students in Australia must have OSHC to cover the entire period of their stay, which would have been arranged when you organised your visa. Certain exceptions apply if you are an international student from Sweden, Norway or Belgium. Every time you go to a medical appointment of any kind, you must take your OSHC card with you, along with photo identification.

WHAT DOES OSHC COVER?

OSHC covers in-hospital and out-of-hospital medical assistance, prescription medications, and emergency ambulance assistance. Hospitals are for emergencies - life-threatening situations or an illness/injury that is quickly getting worse.

If you are feeling sick, chat to a GP at a local medical centre or via telehealth first. If you need to visit a hospital, call your OSHC provider to see if you're covered, as the hospital may charge you a fee. Depending on your plan and provider, you may have cover for additional services. Make sure you understand your cover to avoid any unwanted charges.

WHERE CAN I PURCHASE OSHC?

There are a number of OSHC providers in Australia, including ahm OSHC, Allianz Care Australia, Bupa, Medibank, ahm and nib. You can find out more about OSHC providers through the PrivateHealth website.

privatehealth.gov.au/health_insurance/overseas/overseas_student_health_cover.htm 

WHAT SHOULD I DO IF I HAVE A COMPLAINT ABOUT MY OSHC PROVIDER?

If you face a situation where you feel like you're being taken advantage of or treated unfairly in regards to your OSHC, you can contact the Private Health Insurance Ombudsman (PHIO). It's a free service designed to help you get out of trouble.

ombudsman.gov.au/how-we-can-help/private-health-insurance 

CAN I SWAP PROVIDERS?

Yes, you can swap OSHC providers at any time. Depending on the terms of your policy, you may incur a fee for cancelling your insurance. Make sure to purchase your new policy before cancelling your old one, to make sure you are covered by insurance at all times.

MENTAL HEALTH

WHAT SHOULD I DO IF I'M FEELING HOMESICK?



Living overseas, being away from your friends and family members, and adjusting to a new culture can be difficult. All these challenges can take a toll on your mental health, which is why it's important to keep an eye on your wellbeing.

In addition to taking time out for yourself, remember that support is available to you if you need help. It can be very beneficial to talk to friends and family about how you feel or use one of the resources mentioned below.

WHERE CAN I SEEK HELP FOR MENTAL HEALTH ISSUES?


Your Overseas Student Health Cover (OSHC) covers visits to a GP. The GP is the first person you should see, as you will need to get a referral from them if you want to see a psychiatrist or psychologist. Check with your OSHC provider for coverage details for these sessions. Most education providers offer free or discounted counselling services to their students (both international and local). Some require appointments, so check your education provider's website to find out. You can also consult resources like Head to Health, a mental health initiative from the Australian Government.

Experience Gold Coast offers mental health information and support via its Student Hub. Gold Coast Student Hub Support officers can assist and/or provide referrals for mental health services. Appointments are available from Monday to Wednesday in person, over the phone or via video call.

headtohealth.gov.au 
experiencegoldcoast.com/study/gold-coast-student-hub/support-and-resources 

FINDING A MENTAL HEALTH EXPERT THAT SPEAKS YOUR LANGUAGE


If you need an interpreter or translator for mental health services, consult TIS National. They can help you book an appointment and provide an on-site interpreter to attend your session with you.

Phone 131 450 or tisnational.gov.au 

WHAT IF I NEED IMMEDIATE SUPPORT?

There are many organisations that offer 24/7 mental health support over the phone or through an online chat service.

Lifeline delivers crisis support, suicide prevention and mental health support services across Australia.

Phone 13 11 14 or text 0477 13 11 14 (12pm to midnight AEST)
lifeline.org.au 

Beyond Blue supports those who may be experiencing depression, anxiety and other emotional issues.

Phone 1300 224 636
beyondblue.org.au 



SEXUAL HEALTH AND SAFETY

WHERE CAN I GET ADVICE ON SEXUAL HEALTH?

You can ask your GP about sexual health matters, including sexually transmitted infections (STIs), contraception options and more. If you are a woman, you can visit a female GP if that makes you feel more comfortable. Your education provider may also offer sexual health support, so contact them to find out more. It is important to remember that the more sexually active you are, the more often you should get tested for STIs. If left untreated, some STIs can have serious impacts on your health outcomes. For free and confidential advice about contraception options, pregnancy (planned and unplanned) and sexual health, contact 1800 My Options. The Gold Coast Sexual Health Service provides general sexual health services for free, such as STI and HIV testing and treatment, sexual health screening, chlamydia screening program, sexual health information, counselling, education and advice.

health.qld.gov.au/gc/html/services/sex-health 


CONTRACEPTION OPTIONS IN AUSTRALIA

You can get contraceptive medications and devices very easily and cheaply in Australia. If you're interested in long-term contraception, talk to your GP about options like IUDs and the pill. Condoms and pregnancy tests are available at supermarkets and pharmacies. Emergency contraceptives are also available at pharmacies with no prescription required.

CONSENT

To learn more about consent, check out our guide to consent in Australia or visit the Legal Aid Queensland website.

insiderguides.com.au/consent-in-australia 

legallaid.qld.gov.au/Find-legal-information/Relationships-and-children/Relationships/Sex-and-the-law/Having-sex 

WHO CAN I CONTACT IF I HAVE BEEN SEXUALLY HARASSED OR ASSAULTED?

If you have experienced sexual harassment, your first call should be to your institution, as there will be mechanisms in place designed to support you. If you're being threatened and require immediate assistance, or have been the victim of sexual assault, you can visit your local police station or call 000. Another resource to keep in mind is the Gold Coast Centre for Sexual Violence, which provides free and confidential support for any person who has experienced sexual violence, located in Southport.

stopsexualviolence.com 

SEXUAL HEALTH AND SAFETY FACTS

- OSHC may cover some of your sexual health care costs. Check the Medicare Benefits Schedule (MBS) to see what's covered!
- If you need language support when you visit your GP or local sexual health clinic, you can use the Translating and Interpreting Service (TIS National) for support.
- Sexual health checks don't need to be awkward! You'll be consulted by trained professionals and everything is 100% confidential.



STAYING SAFE


HOW CAN I STAY SAFE?

Be aware of the security and emergency arrangements of both your education provider and the local area. If you are travelling around campus at night, try to walk with a friend or a group. Take well-lit paths that are used regularly by other people. If this is not going to be possible, check if your education provider has an escort service.

POLICE IN THE GOLD COAST

The Gold Coast is a vibrant and safe place but like in every big city, crimes do happen. In Queensland, friendly police officers and protective services officers are here to protect you and keep you safe. We want everyone to feel welcome and safe in their homes and in public.

In an emergency, call Triple Zero (000). You can also contact Crime Stoppers confidentially on 1800 333 000 or online at crimestoppersqld.com.au/make-a-report 

For any advice and non-urgent matters, attend your local police station, call the Police Assistance Line on 131 444 or report online at police.qld.gov.au/polcelink-reporting 



FIRE SAFETY

Visit: fire.qld.gov.au 

FAMILY VIOLENCE

Unfortunately, family and domestic violence in married and de facto relationships can happen, either between partners or towards children. Know that Queensland supports respectful relationships and help is available if you're experiencing violence. DVConnect provides a 24/7 helpline, while Immigrant Women's Support Service has support services for multicultural women in Queensland.

dvconnect.org  · iwss.org.au 

DISCRIMINATION

In Australia, it is against the law to be discriminated against based on your ethnicity, language, skin colour, sex and sexuality. There is support available if you, or someone you know, experience any kind of racism or discrimination. It's important that everyone is comfortable in their environment and feels safe to seek help when necessary. If you are at work, school, on public transport or online, report incidents to the body in charge. The next step is to contact the Queensland Human Rights Commission or the Australian Human Rights Commission to report the incident. If you experience violence, abuse or other criminal behaviour, you can call 131 444 for police assistance outside of an emergency situation.

WATER SAFETY

If you're planning a day out by the water, here's your guide to staying safe:



- Don't go swimming alone - grab a couple of friends.
- Swim between the yellow and red flags on patrolled beaches. This is the monitored spot that's been deemed safest for swimming.
- Don't dive into water, you may overestimate the depth and this can have very serious consequences.
- If you ever find yourself in trouble while swimming, try to stay calm and raise your hands to show that you need help. For more information see Royal Lifesaving Australia.

royallifesaving.com.au 

ADDITIONAL SUPPORT SERVICES

SUPPORT FOR YOUR CHILDREN AND SPOUSE

Many international students choose to bring their spouse and children with them when they study in Australia. Some education providers offer language or other support that covers both you and your spouse. If your children are school-age, you'll need to enrol them in school. Consult Education Queensland's Schools Directory for comprehensive information on educational institutions.

education.qld.gov.au/contact-us/schools-directory 

If your children are younger, the Gold Coast has a wide range of childcare facilities. Your education provider may offer child care services.

For support and information from qualified maternal and child health nurses, call 13 HEALTH - a 24-hour non-emergency helpline.

SUPPORT FOR LGBTIQ+ PEOPLE

LGBTQIA+ stands for lesbian, gay, bisexual, transgender, queer, intersex, and asexual. QLife is a great resource that provides peer support and guidance over the phone and online for the LGBTQIA+ community in Australia.

qlife.org.au 

If you're looking for support services that are sensitive to your cultural needs, or would just like to engage with other LGBTQIA+ students from similar backgrounds, then AGMC is a good resource.

agmc.org.au 

SUPPORT FOR STUDENTS WITH DISABILITIES

If you're living with a disability, your education provider will have measures in place to facilitate your studies. Be sure to register your disability with your education provider (you will likely need a medical note to do this) and explain its impact on your capacity to participate in a learning or social environment. Consult your education provider's website for more information on its disability services and how you can use them.

Students with disabilities can find out more about using Gold Coast public transport via translink.


translink.com.au/travel-with-us/accessibility 

Locate the nearest accessible public toilets and other public amenities by using the Accessible Australia map

accessibleaustralia.com.au/pois 

SUPPORT FOR ALL INTERNATIONAL STUDENTS

The Office of the Commonwealth Ombudsman investigates complaints about problems that prospective, current or former overseas students have with private education providers in Australia.

ombudsman.gov.au/How-we-can-help/overseas-students 

The Queensland Ombudsman provides support to international students by handling complaints about unfair treatment, assisting in resolving issues with institutions, and promoting student well-being in the state.

ombudsman.qld.gov.au/ 

IMPROVING YOUR ENGLISH

ENGLISH LANGUAGE PROFICIENCY LEVELS

Getting an Australian visa requires evidence of one of several English proficiency levels. Functional English is the basic level, often proven through citizenship or education in English-speaking countries as well as test scores. Vocational English and Competent English require higher scores and are often needed for work-related visas. Proficient English and Superior English can earn additional points for skilled migration.

Test options include International English Language Testing System (IELTS), including One Skill Retake (OSR), Pearson Test of English (PTE), Cambridge English (CAE) (also known as C1 Advanced) and Test of English as a Foreign Language (TOEFL iBT). For health professionals, there is also the Occupational English Test (OET).

SPEAKING

- **Find a language group.** There are many English conversation groups available in person and online. The Gold Coast Student Hub runs a popular English Language Conversation Group on a regular basis - visit the Gold Coast Student Hub site for details. Many city libraries run a regular English Conversation Circle to help you improve your confidence in speaking English.
- **Find a friend who also wants to improve their English.** Chat to them in English - including via text message, online, over the phone and in person. Make friends with people from other nationalities so you only communicate in English.
- **Join a volunteer group or sports team.** That way, you can put your English skills to good use.

READING & LISTENING

- **Read in English every day. This includes websites, online news, newspapers, magazines and books.** Listen to English-language music and podcasts, watch English-language films, television shows and YouTube videos. If you want to really push yourself, try to do so without subtitles!
- **Go into your local Australian community and listen to the conversations.** You'll be surprised how much you can learn just through observation of the people around you.

WRITING

- **Write a daily journal in English.** It doesn't matter what you write about, as long as it's in English.
- **Do translation exercises.** Take a passage from a book or article in your native language and translate it into English, or do the reverse.
- **Take notes by hand.** This is probably best reserved for when you're watching a lecture online, just in case you need to rewind at any point, but taking notes in English can help you with your writing skills.



"How can you improve your English? Honestly, it's about living the language. Of course, you have to put yourself out there — but also find ways to make English part of your daily life. For me, that meant reading books, listening to music, and diving deeper into topics I already loved, but in English. There's no one-size-fits-all, so try different things and see what clicks for you."

Isabelli, Brazil
Australian Pacific College

ENGLISH LANGUAGE RESOURCES

There are a huge range of English language resources available to help you while you're studying in Australia.

In the first instance, always ask your education provider if they offer any English language support. If you'd like to access English language resources from home, we recommend the following websites and apps.

TITLE	LINK	WHAT IS IT?
English Central	englishcentral.com	A platform full of English language videos that progressively build your comprehension.
ABC Learn English	abc.net.au/education/learn-english	Designed to help people learning English as an additional language, you'll find listening resources and video courses, along with interesting written articles.
italki	italki.com	Choose between native speakers and qualified tutors (more expensive) to have a 1-on-1 video chat with you.
Busuu	busuu.com	A website and mobile app, Busuu is a social network of people learning new languages.
Duolingo	duolingo.com	With quick, bite-sized lessons, this website and mobile app gives you points for completing activities as well as real-world communication skills.
Grammarly	app.grammarly.com	A free online writing assistant that will help you find errors while you type, and explain what the issues are.
Gold Coast Student Hub English Conversation Group	experiencegoldcoast.com/study/gold-coast-student-hub/events	Learn tips and techniques to improve your English conversational skills including, Australian Slang and workplace english.



"She'll be right!" Aussies say it when something goes a little wrong, and I love how relaxed and positive it sounds. I've started saying it to myself, too. It's okay, everything will work out!"

Seungseo (Sofi), South Korea
Southern Cross University

AUSTRALIAN SLANG

EXPRESSING YOURSELF

AGGRO (ADJECTIVE)

Angry, showing aggression
'He's so aggro at the moment, you should avoid him.'

FAIR ENOUGH (IDIOM)

Alright/OK
'You'll be late? Fair enough, traffic is bad today.'

FERAL (ADJECTIVE)

Disgusting, something repulsive
'I just saw someone drop their hot chips and then continue to eat them off the ground - that's so feral.'

HEY? (EXCLAMATION)

Used at the end of a sentence to ask if someone agrees
'You're going out tonight, hey?'

SHE'LL BE RIGHT (IDIOM)

It will be fine
'You missed the bus? She'll be right, there'll be another one soon.'

KEEN (ADJECTIVE)

Excited for something
'I'm so keen for the new Quentin Tarantino film.'

NO WORRIES (IDIOM)

Don't worry about it/it's OK
'You can't come to the party? No worries!'

AS (ADVERB)

Almost anything could go here: busy as, awesome as, tired as. To understand the speaker, just cut off the 'as' and add 'very' to the front and you'll get what they mean.

'She's been annoying as since she got back from exchange - she won't stop talking about it.'

HEAPS (ADJECTIVE)

A lot or very
'Wow, that show was heaps good.'

FULL-ON (ADJECTIVE)

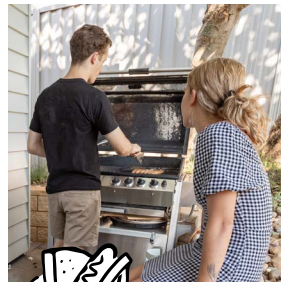
Intense/wild
'Uni is so full-on, I can't keep up with my assignments.'

YEAH, NAH (DETERMINER)

No

NAH, YEAH (DETERMINER)

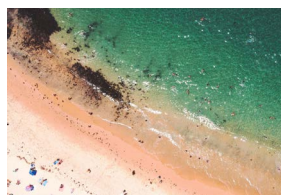
Yes



SNAG (NOUN)

Sausage

'For the best snags, I go to Bunnings Warehouse.'



BATHERS/TOGS (NOUN)

Swimwear

'Remember your togs so we can swim!'



AVO (NOUN)

Avocado

'I love avo toast with feta cheese.'



GOING OUT

ARVO (NOUN)

Afternoon
'Let's catch up this arvo for a coffee.'

BARBIE (NOUN)

BBQ
'Let's fire up the barbie for dinner tonight.'

BATHERS (NOUN)

Swimming costume
'Remember to bring your bathers, my friend has a pool.'

BREKKY (NOUN)

Breakfast
'I always have a big brekky. I'm so hungry when I wake up in the morning.'

CHEMIST (NOUN)

Drug store/pharmacy -
'We should go pick up some Panadol from the chemist.'

EFTPOS (NOUN/ACRONYM)

Machine for electronic (card) payments. Stands for Electronic Funds Transfer at Point Of Sale
'Luckily, the café has EFTPOS, because I don't have any cash.'

BOTTLE-O (NOUN)

Liquor store
'I have to go and get some beer from the bottle-o.'

MACCA'S (NOUN)

McDonald's
'I'm too tired to make dinner, shall we go to Macca's instead?'

MATE (NOUN)

Friend (this can be used passive-aggressively though, so pay attention to the situation)
'I like her, she's a good mate, she always has my back.'

MOZZIE (NOUN)

Mosquito
'The mozzies are so bad in the summer.'

RIP-OFF (ADJECTIVE)

To cheat/something that's too expensive
'This brunch is such a rip-off - \$18 for toast?!'

SERVO (NOUN)

Service station/gas station
'On long drives I have to stop at the servo to buy snacks.'

SHOUT (VERB)

To pay for the next round of drinks i.e. 'it's your shout'
'I paid for the last round, so it's your shout this time.'

SPUD (NOUN)

A potato
'I'd love a baked spud with sour cream right about now.'

WHILE STUDYING

BLUDGE (INTRANSITIVE VERB)

To not try your hardest
'He's bludging uni, there's no way he'll graduate.'

SWOTVAC (NOUN/ACRONYM)

Study break/revision week
'I have so much revision to do during SWOTVAC. I shouldn't have slacked off so much during the semester.'

CHUCK A SICKIE (PHRASAL VERB)

To fake a sick day from work or study.
'I can't miss The Bachelor tonight - I'll just call work and chuck a sickie.'

DODGY (ADJECTIVE)

Poor quality/not reliable/suspicious
'That website is dodgy, I'm pretty sure it gave me a virus.'

GOOD ON YA (EXCLAMATION)

Well done/good on you
'Congratulations on that HD! Good on ya!'

HOW YA GOING/HOW'S IT GOING? (SPOKEN PHRASE)

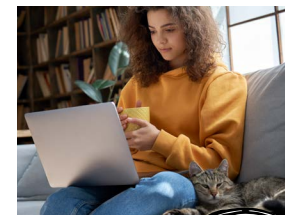
How are you?

RECKON (VERB)

Think/figure/assume
'I reckon I'll go for a run; I've been feeling lazy as.'

UNI (NOUN)

University
'Do you want to walk to uni together?'



CUPPA (NOUN)

Hot beverage
'A hot cuppa tea goes well with biscuits.'



ADVENTURE

THEME PARKS

The Gold Coast is famous for its theme parks - get an adrenaline rush on the rides at Dreamworld, Wet'n'Wild, Warner Bros. Movie World, and Sea World.

SKY POINT CLIMB

Climb up the side of Australia's tallest building, the Skypoint Tower and stand 270 metres above sea level. Take in 360 degree views of the entire Gold Coast region.

JET BOATING

Get ready for the ride of your life with Jet Boat Extreme - high speed jet boat rides along the coast at Surfers Paradise. Hold on tight!

PARASAILING

Soar above the beautiful Queensland coastline, taking in incredible birds-eye views while parasailing over the beaches.

SCUBA DIVING

Get up close and personal with Aussie marine life just off the coast at dive sites like the Gold Coast Seaway and Cook Island. Spot turtles, stingrays and tropical fish amongst the beautiful colourful reefs.

Image right: Parasailing

THRILLS

INDOOR SKYDIVING

Get an adrenaline rush (without falling out of a plane!) at iFLY Gold Coast, where you get the experience of skydiving within a controlled environment.

ESCAPE ROOMS

Get some friends together and put your teamwork to the test at Fox in a Box, Lost Locks or Escape Hunt escape rooms. Solve puzzles and race against the clock to get out!

ZIPLINING

Soar through the trees on the Canyon Flyer, Australia's largest zipline and tackle the Treetop Challenge at Tamborine National Park.

GC AQUA PARK

The Gold Coast's largest inflatable water park, with over 600m of slides, climbing walls and obstacles, located at the Broadwater Parklands.



SPORTS

SURFING

Surf's up! Learn to catch a wave or improve your skills at one of the many surf schools along the coast, like Get Wet Surf School or Go Ride a Wave.

HIKING

Get outdoors on scenic hikes like the Burleigh Heads Oceanview track or the Warrie Circuit in the Hinterland for amazing views of the coastline and rainforests.

CYCLING

Grab some friends and head off along the Darren Smith memorial route, a 48km track from the bottom of the Gold Coast all the way to the top.

GOLFING

There's no shortage of golf courses throughout the Gold Coast region, from coastal courses like Surfers Paradise Golf Club, to exclusive clubs like Sanctuary Cove.

BEACH VOLLEYBALL

Form a team with friends and join a casual game, or learn to play from professional coaches at Beach Volleyball Gold Coast.

STAND-UP PADDLEBOARDING (SUP)

Head to Tallebudgera Creek or Currumbin Creek for some paddle boarding - it's a great way to get a full body workout while exploring the canals, beaches and creeks.

CULTURE

LIVE MUSIC

Explore the vibrant local music scene at bars and music halls across the city - from smaller venues like Miami Marketta and Soundlounge to the six thousand capacity Gold Coast Convention and Exhibition Centre.

GALLERIES

Home of the Arts (HOTA) is an iconic Gold Coast destination where art, entertainment and culture meet. The precinct features a AAA rated gallery with four exhibition spaces, a Children's Gallery and creative studio across six levels. There are also many other galleries featuring indigenous and contemporary art in places like Surfers Paradise and Burleigh Heads.

CULTURAL FESTIVALS

Local festivals like the Gold Coast Multicultural Festival and Bleach Festival are platforms for arts, music, drama and storytelling, showcasing the best of the city's international talent.

THEATRE & PERFORMANCE

Catch live theatre, musicals and comedy shows at HOTA's indoor theatre, or enjoy community and amateur performances at local venues like Javeenbah Theatre Company and Spotlight Theatrical Company.

MUSEUMS & HISTORY

Learn about Indigenous history and way of life at the Jellurgal Aboriginal Cultural Centre, or look to the stars at the Springbrook Research Observatory.

NATURE

BEACHES

Relax on some of Australia's most iconic beaches like Surfers Paradise, Burleigh Heads and Coolangatta, or dive into the waves for a swim.

SNORKELLING

Discover colourful and unique marine life while snorkelling in the crystal clear waters of Wave Break Island or the Gold Coast Seaway - no matter whether you're a beginner or pro.

NATIONAL PARKS

Escape the city and explore the lush Hinterland with hikes through Lamington and Springbrook National Parks, home to waterfalls, glow worm caves and epic lookout spots.

BOTANIC GARDENS

Stroll through the peaceful Gold Coast Regional Botanic Gardens in Benowa. It's free to visit and features themed gardens, picnic areas and a sensory garden.

WILDLIFE SANCTUARIES

Get up close with kangaroos, koalas and other native animals at Currumbin Wildlife Sanctuary or David Fleay Wildlife Park.



"If you are an adrenaline seeker like me, getting the Village Roadshow annual pass is a must. When I seek tranquility, trekking in the hinterland is my go-to activity. My favourite is the Purling Brook Falls in Springbrook National Park because the track is relatively easy, the forest lush, and of course, the view from the bottom of the waterfalls is majestic."

Novita, Indonesia
Griffith University

ARTS

STREET ART

Take a self-guided tour of the city's best street art with Art Roll. They've curated a map of all the most iconic murals and interactive art pieces across the Gold Coast.

artroll.com.au 

MAKERS MARKETS

Shop for handmade jewellery, crafts, photography and more at local arts markets like the Marketta Arts Creative Night Market and the Art and Craft Sunday Markets.

OUTDOOR CINEMAS

Enjoy a movie under the stars at seasonal pop ups Openair Cinemas or Movies Under the Stars, held in parks around the city. Bring a blanket and snacks and settle in for the night.

WORKSHOPS & CLASSES

Get creative by joining a workshop at HOTA. Choose from a huge variety of classes, from pizza making and photography to creative writing and songwriting.



EVENTS

There's always something exciting happening on the Gold Coast. Here's just a few options!

MAY

WORLD SURF LEAGUE CHAMPIONSHIP TOUR

Watch the world's best surfers compete at iconic breaks like Snapper Rocks during the annual WSL tour stop.

CAREERS FESTIVAL

Meet and chat to employers, hear from guest speakers and get career advice all under one roof.

BLUES ON BROADBEACH

Sing, dance and cheer your way through this rhythm and blues festival, featuring both a free and ticketed program.

JUNE

COOLY ROCKS ON

Step back in time at this retro festival celebrating vintage cars, rock n roll, swing dancing and fashion, held in Coolangatta each June.

GOLD COAST MARATHON

Join one of Australia's premier marathons, and take on the coastal route alongside runners and spectators from across the world.

AUGUST

PACIFIC AIRSHOW

One of the most exciting events on the 2026 calendar, the Pacific Airshow sees military and civilian planes performing amazing aerial stunts over Surfers Paradise beach.

SEPTEMBER

SWELL SCULPTURE FESTIVAL

A huge outdoor art exhibition held along Currumbin Foreshore, with pop-ups around the city.



OCTOBER

GROUNDWATER COUNTRY MUSIC FESTIVAL

Get your friends together and experience the best of country music for free.

GOLD COAST 500

Check out the thrilling Supercars Championship and watch the drivers race through the streets of Surfers Paradise. There's also live music and entertainment throughout the weekend.

YEAR-ROUND

MUSIC FESTIVALS

The city comes alive with a series of music festivals throughout the year like Spilt Milk and Juicy Fest.

HOTA MARKETS

Held every Sunday morning at the Home of the Arts, these markets feature local arts, crafts, food trucks, live music, and fresh produce.

HOTA

10am-4pm daily

HOTA GALLERY

WHERE ART, ENTERTAINMENT,
CULTURE & LIFESTYLE MEET.










FIND OUT MORE
HOTA.COM.AU


EXPERIENCE
GOLD COAST.



Image far left: Cooly Rocks On
Image above: Groundwater Festival

KEY CONTACTS

CONTACT NAME	WHEN WOULD I USE THIS SERVICE?	CONTACT DETAILS
Australian Consumer Law	Understand your legal rights in regards to shopping or purchasing goods or services.	consumerlaw.gov.au 
Australian Human Rights Commission	If you feel you are being treated unfairly because of your race, descent, colour or ethnic/national origin then make a complaint to the Australian Human Rights Commission.	humanrights.gov.au 
Australian Taxation Office	Contact them to arrange a Tax File Number or learn more about payments made to you while you study here.	ato.gov.au 
Beyond Blue	A free counselling service that you can contact if you are feeling depressed or anxious.	1300 224 636 beyondblue.org.au 
Centre for Culture, Ethnicity and Health	For free and confidential support, information about protection from HIV/AIDS, hepatitis and other sexually transmitted diseases.	9418 9929 ceh.org.au 
Commonwealth Ombudsman	An independent agency that investigates complaints that international students have with private education providers.	1300 362 072 ombudsman.gov.au 
Queensland Government	The state government of Queensland, Australia. State powers include control over control over education, public health, police and justice, transport, roads and railways, industry, mining and agriculture.	13 74 68 qld.gov.au 

STAY IN TOUCH WITH EXPERIENCE GOLD COAST






Visit the Gold Coast Student Hub, the ultimate hangout designed by students, for students! experiencegoldcoast.com/study/gold-coast-student-hub 

Contact Experience Gold Coast via experiencegoldcoast.com/contact-us  or visit us at experiencegoldcoast.com 

FOLLOW US ON SOCIALS

 @studentexperience.gc  @studentexperience.gc  experiencegoldcoast

MAKE SURE TO FOLLOW INSIDER GUIDES

 @insiderguidesau  insider-guide  youtube.com/c/insiderguides
 @InsiderStudentGuides  @insiderguides

CONTACT NAME	WHEN WOULD I USE THIS SERVICE?	CONTACT DETAILS
Department of Foreign Affairs and Trade (for Embassies)	If you require help from your country's embassy within Australia.	dfat.gov.au 
Department of Home Affairs	This government department handles visa enquiries and issues.	homeaffairs.gov.au 
Fair Work Ombudsman	If you require assistance understanding your workplace rights and responsibilities.	fairwork.gov.au 
Gold Coast Youth Service	A not for profit, specialist youth support & homelessness organisation. Helping young people and their families in the Gold Coast Region who may be marginalised, disadvantaged or homeless.	5572 0400 gcys.org.au 
healthdirect Australia	Outside of GP consultation hours their trained staff can help you treat non-urgent illnesses.	1800 022 222 healthdirect.gov.au 
headspace	For mental health support and counselling, with locations across Queensland.	headspace.org.au 
IDP Gold Coast	Assistance with assessing study options, including courses, applications and student visas.	idp.com/australia 
Lifeline	If you need someone to talk to about your mental health, this resource is a crisis support hotline.	13 11 14 lifeline.org.au 
Gold Coast Health Queensland Government	To talk about sexual health symptoms and receive advice.	9341 6200 goldcoast.health.qld.gov.au/our-services 
Multicultural Communities Council Gold Coast	Provide face-to-face counselling, general information, group sessions and self-help programs.	5557 8011 mccgc.org.au/mccgc 
National Home Doctor Service	If you require a doctor urgently on weeknights, weekends or public holidays.	13 SICK (13 7425) homedoctor.com.au 

Gold Coast Student Jobs



EXPERIENCE
GOLD COAST.

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- FULL TIME
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